

RAY'S PICKS

“R-O-N” HOTELS, DINING AND DIVERSIONS

Flight crews are stuck in hotels all the time. Time and relaxation are prime commodities for the “R-O-N” (Remain Over Night) crew.

We’ve taken a “pilot’s eye view” of area accommodations with the help of **FIRST’s** transportation and security manager Ray Gabel.

Here are some of “Ray’s Picks”:

1. To escape the hustle and bustle of “North Jersey”
2. The Budget Route: Secaucus Meadowlands Parkway
3. Quick Turn? Adjacent Route 17 Hotels and Restaurants
4. Classy and Classic Favorites Just North...
5. ...And Just South of Us
6. Right Down the Street and Around the Corner

To escape the hustle and bustle of “North Jersey”

Harmon Meadow East (The Plaza)

Four miles SE of TEB.
Use **Route 3 *service road* east of river** for Harmon Meadows Blvd. exit

Fortunately, **FIRST’s** south-side location and short-cut to Route 3 allow quick access to the hotels, shops and restaurants of the Harmon Meadow office campus just a few miles away.



It’s an island of calm: restful plazas, shopping, a wide choice of hotels and your favorite franchise restaurants. Take a walk. Relax.

It may look more like home or your familiar corporate environment back home.



Harmon Meadow Hotels:

Many of our crews' favorite hotels are here, plus a comfortable, walk-able environment of numerous shops, 14 movie screens and 20 restaurants.

- Courtyard by Marriott
- Embassy Suites
- Hampton Inn
- Holiday Inn
- Hyatt Place
- Homestead Studios & Suites
- La Quinta Inn & Suites (Harmon Meadow West)

Restaurants and Food

- Bagel Plus
- Bazooka's Sports Bar
- Big City Grill
- Burger King
- Cheeseburger in Paradise
- Chili's
- China Café
- Chipotle Mexican Grill
- European Express Café
- Herbert's Billiards and Sports Bar
- Houlihan's
- Nikko Sushi & Bento
- Outback Steakhouse
- Red Lobster
- Starbucks
- TCBY
- Uno's Chicago Bar and Grill
- Barelli's
- Bonefish Grill (Harmon Meadow West)
- Olive Garden (Harmon Meadow West)

Shopping

- AC Moore (Harmon Meadow West)
- Best Buy
- Marshall's (Harmon Meadow West)
- Pier One
- Sam's Club
- Wal-Mart

Services

- Bank of America
- Chase Bank
- Haircutters in the Meadow
- Top Cleaners
- U.S. Post Office
- Verizon Wireless (Harmon Meadow West)

Fitness

- Atlantis Health Club and Spa

And if you want a quick, budget trip into Manhattan, catch the frequent **NJ Transit** bus service right into Midtown (48th Street and Eighth Avenue) from several Harmon Meadow locations.

(Buses get their own HOV lane into/out of the Lincoln Tunnel on Route 3 during inbound/outbound rush hours.)



The Budget Route: Secaucus' Meadowlands Parkway

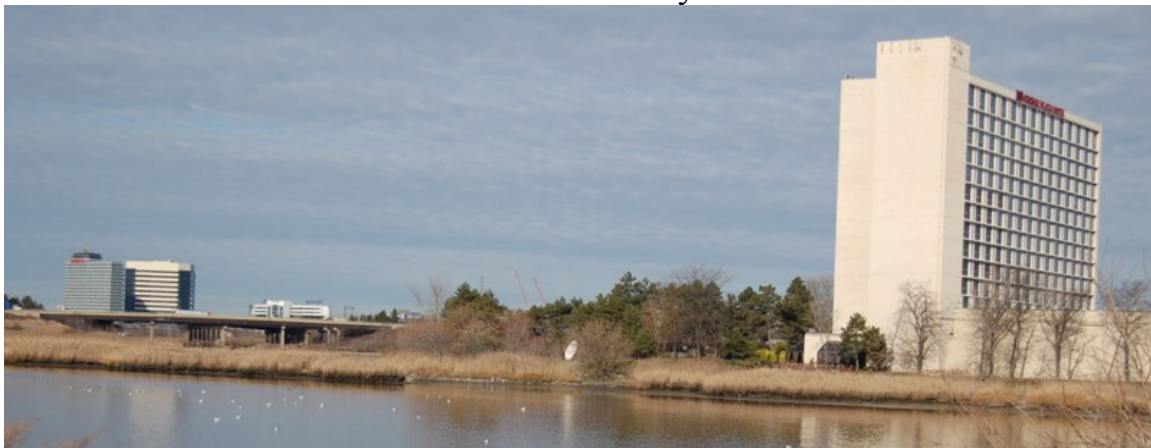
Three miles SE of TEB. Use Route 3 eastbound, Meadowlands Parkway exit after river

Meadowlands Plaza 272-1000
Red Roof Inn 319-1000



Adjacent: Quizno's, plus a neighborhood Mediterranean restaurant

And down the road on Meadowlands Parkway:



The Crowne Plaza (348-6900) is just across the river from the Sheraton that's south of Route 3 and the Sports Complex.

The Crowne Plaza offers a \$129 rate to our customers for 2009.

Quick Turn?

Adjacent Route 17 Hotels and Restaurants

Abeam the airport:

¼-mile west of TEB

The familiar **Holiday Inn**

283 Route 17 South, 288-9600

All rooms renovated (as below) by mid-2009.
Small in-house fitness center. 24 Hour Fitness next door.
Bensi's Italian restaurant ¼ mile north, walk-able
Bananas comedy club on weekends



Route 17 Restaurants nearest the airport:

Houlihan's	5 State Route 17	935-7733
TGI Friday's	Next to Houlihan's	438-2300
Steve's Sizzlin' Steaks	620 NJ Route 17	438-9677
IHOP	111 Route 17 South	288-0355
Meadowlands Diner (24 hrs)	320 Rt. 17 <i>in Carlstadt</i>	935-5444

Classy and Classic Favorites just north:

½-mile NW of TEB



The **Hilton (288-6100)** just above US 46 at 650 Terrace Avenue (becomes Polifly Road)



Stony Hill Inn (342-4085) at 231 Polifly Road, just above I-80 (\$\$\$\$ *Not cheap*)

An oasis of class and colonial country charm amid the hustle and bustle.
(Walk-able, but the Hilton will gladly drive you.)

And Just South of us on Route 3....

3 miles SE of TEB



The Sheraton south of Route 3 and the Sports Complex in Secaucus



Probably the fanciest, most “wired” Starbucks you’ve seen! A “Web-surfer’s” dream.

Or on Patterson Plank Road at Route 17:

One mile SW of TEB

Holiday Inn Express with Charlie Brown's Steakhouse* next door



* It's fun place!

Right down the street and around the corner

½ mile east of TEB on Moonachie Road

Three of many great restaurants in our own neighborhood:

(Be a local for a night!)

Sergovia	Spanish/Portugese	150 Moonachie Rd	641-4266
Dolce Novita	Northern Italian	107 Moonachie Rd	440-3339
Bazzarelli	Northern Italian	117 Moonachie Rd	641-4010



One of the welcoming staff at Dolce Novita